

Microchanneling Pre Treatment Instructions

- 1. If you have frequent episodes of cold sores, taking acyclovir or valcyclovir starting one day prior to your microchanneling will reduce the likelihood of a recurrence due to your treatment.
- 2. Discontinue retinol (2% or higher) or tretinoin at least 3 days prior to treatment.
- 3. If your liver, kidneys and immune system are healthy, taking an NSAID such as lbuprofen before treatment may reduce your discomfort.
- 4. If possible, please arrive at the office without makeup on, and with a clean face.
- 5. If you are being treated for hair loss, please arrive at the office with the shortest haircut possible. Please do not apply sprays or gels to your hair prior to your treatment.
- 6. If you are being treated with PRP or PRF drink and extra 24-32 oz of water for two to three days prior to treatment.

